(646) 399- 4504 ireneconte@msn.com

# Irene Conte St. Hilaire

## Registered Nurse | Specializing in Critical Care

Compassionate and exceptionally organized Registered Nurse with 15+ years of professional experience in critical care. Specialized in providing complex critical nursing care of adult patients at intensive care units. Detail- oriented with high standards for performance and maintenance of treatment protocols. Proficient in handling emergency situations and managing to work under pressure.

## Skills, Licensure, and Certifications

- New York State Registered Professional Nurse
- CCRN certification
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- Certification in Advanced Cardiac Life Support (ACLS)
  - Basic Life Support (BLS)
  - National Catholic Bioethics

Certification (NCBC)

# **Experience**

#### **AUGUST 2009 - PRESENT**

#### CRITICAL CARE NURSE - CCU / MONTEFIORE MEDICAL CENTER, BRONX, NY

- Monitoring cardiac and physical status of critically ill patients; recognizing and responding to complications; administering medications and treatments.
- Manage care of ventilators, IABP, CRRT, LVAD, Arctic Sun, Impella, ECMO, per hospital policy and standard of care.
- Proficient at hemodynamic monitoring, vasoactive, and inotropic drip titration.
- Swan Ganz catheter, Arterial line, and central line care and management
- Coordinates care of critically ill patients with other members of the interdisciplinary team.
- Provided health education to patients and families regarding plan of care and discharge instructions.
- Maintains and enhances skills and knowledge through continuing education.

#### **SEPT. 2005- NOV.2010**

# CRITICAL CARE NURSE-- MICU/CCU / WINTHROP UNIVERSITY HOSPITAL, MINEOLA NY

- Prioritized nursing care based on patients symptoms and illnesses.
- Admitted and monitored patients from various areas with Cardiac, Respiratory, Vascular, GI, Orthopedic Complications.
- Assists the physicians in performing special procedures.
- Monitoring and titration of vasopressors like dopamine, levophed, phenylephrine, dobutamine, isuprel drips and others.
- Performed CRRT and peritoneal dialysis with continuous monitoring of patients vital signs, response to procedure and medication.
- Ensured that life support equipment (ventilators, feeding tubes) functions well.
- Solve clinical patient problems independently and in a timely manner, communicate unresolved problems to the Intensivist and assume the monitoring caseload until the situation is resolved.

#### NOV. 2006- 2007

#### CRITICAL CARE NURSE -PER-DIEM / LENOX HILL HOSPITAL, NY, NY

- Floating to CCU/ CTV& STEPDOWN
- Monitor patients pre/post open heart
- Monitored patient's vital signs (temperature, heart rate, blood pressure, and respiration)
- Monitored EKG's, mechanical vents, chest tubes, labs and reported significant changes

#### SEP 2006-2008

#### COVERAGE SCHOOL NURSE /HORIZON., SYOSSET, NY

- Performed quickly and comprehensive assessments to children visiting the office
- Notified parents of the child's conditions/complain including medical advices.
- Professional, friendly, and adaptable personality; strong ability to provide high quality services to a wide variety of students (e.g. age, gender, ethnicity, socio-economic)
- Performed other related duties as requested by the Assistant Director of Health Service
- Provided emotional support and encouragement to student in returning classroom.

#### JAN. 2006-2010

#### VISITING NURSE / MAXIM HEALTHCARE, HEMPSTEAD, NY

Ability to successfully interact with patients, families, staff and management

- Excellent organizational and problem solving skills
- Effective communication skills
- Ability to insert IV and administer medicine intravenously in patient's home.
  Monitored changes in the patient condition and family and home situation.

### **JULY 2002 - Sep 2005**

ER PATIENT CASE ASSOCIATE/WINTHROP- UNIVERSITY HOSPITAL, Mineola, NY

Organized and prioritized care in the main ER and pediatric ER

Monitored patient's vital signs and I&Os

Performed phlebotomy, EKG and transport

Assisted to medical procedures with medical team.

Maintained confidentiality of client situation, records and services provided according to HIPPA regulations.

# **Education**

SEPTEMBER, 2018

Master of Art in Theology with concentration in Ethics/ Holy Apostles, Cromwell, CT GPA 3.87, Summa Cum Laude. Certification of excellent in Ethics from NCBC.

MAY, 2005

**B. S. in Nursing**/ Adelphi University, Garden City, NY GPA 3.80. Magna Cum Laude. Honor Society of Nursing,

AUGUST, 2003

**A.S. in Science**/ Nassau Community College, Garden City, NY GPA 3.80. Nassau Community College, Excellency in Medical Microbiology Award. Dean's List.

#### Additional Skills

I like to give back to my community by helping in church. I teach seven- graders religion education since 2014. I have visited the elderly who needs somebody to talk to or to be transported to the personal doctor. Im an extraordinary eucharistic minister in the church. Traveled as missionary worker to Jamaica for few weeks at the time for 5 years. Belonging to a third order in a monastery of carmelite nuns.

Fluent in Italian with some understanding in Spanish.